

## WELCOME NEW PARENTS!

Welcome new members to the Norse Parent Family! At NKU, we recognize the important role you play in your student's life. Thank you for providing the extra level of support that will help your student succeed. This e-newsletter will serve as a resource to you. Each issue will feature important dates of relevant NKU events and university deadlines as well as helpful articles and tips.

If you and your family attended New Student and Parent Convocation on August 20th, you can access your family photos on our shutterfly website at <http://share.shutterfly.com/action/welcome?sid=1AcMnDZo4as3IQ>.

If you need assistance at any point during your student's time at NKU, don't hesitate to contact the coordinator of parent programs at (859) 572-7625 or [parents@nku.edu](mailto:parents@nku.edu).



## PARENTS ASSOCIATION IS NOW ON FACEBOOK

Ever want to connect with a parent from your hometown who also has an NKU student or get answers to your questions from other NKU parents just like you? Now you can!

The Parents Association now has a Facebook page. The page is new, so don't be shy if you are the first to become a fan. Encourage other NKU parents you know to join as well. This is a great forum for parents to network and share stories.

The page will be updated regularly with important dates and information specifically for parents. For questions or concerns, contact Hannah Centers at [centersh1@nku.edu](mailto:centersh1@nku.edu) or (859) 572-7625.

## IMPORTANT DATES & EVENTS

### September 6

Labor Day  
NKU closed, no classes

### September 13

Last day to drop a course without a grade appearing on student's transcript

Last day to drop a course with a 50% tuition adjustment

### September 15

Tuition Installment Plan-second installment payment due

### September 22

10:00 a.m. - 2:00 p.m.  
Study Abroad Fair  
Student Union Ballroom

### September 23

Loot by Joe Orton  
Corbett Theatre, NKU Campus  
Show times are 8:00 p.m.  
(Except Sunday at 3:00 p.m.)

### October 2

11:00 a.m. - 7:00 p.m.  
World Culture Festival  
University Center Plaza

### October 8-10

Family Weekend  
Registration deadline is October 6th!

For Norse Athletic Schedules visit [www.nkunorse.com](http://www.nkunorse.com)

## NKU DINING WELCOMES PARENTS AND STUDENTS BACK!

BY JANELLE CRAFT, MARKETING DIRECTOR OF NKU DINING SERVICES

### NKU Dining Welcomes You!

NKU Dining wants to welcome you and your student(s) to another great year here at NKU. There are some new and exciting programs and services that you and your student will see this September.

### Papa John's & The Strip!

We are pleased to introduce two new dining locations in the Northern Fare Food Court. Papa John's which is serving up pizzas, breadsticks, and wings and The Strip, which offers chicken strips, chicken sandwiches, salads, and wraps with a variety of sauces. These new locations are sure to be guest favorites!



### Eat Local!

NKU Dining will be celebrating Eat Local Month. A small Farmer's Market will be set up in the Outtakes Convenience Store and at Fusions, both in the Student Union. These stations will highlight the benefits of eating locally produced fruits and vegetables. Fusions will also feature a variety of recipes utilizing the local fare.

### Healthy U

Our Healthy U program, which easily identifies healthier selections, continues in the Northern Fare Food Court and is being launched in The Village Café in Norse Commons and Callahan Bistro in Callahan Hall. Look for the Healthy U icon next to a variety of food options daily. "Healthy U Super Swaps," a special theme day that will inform guests how to choose healthy, will take place on September 27<sup>th</sup>.

### More Specials

Many other specials and features will also be offered such as Meatless Monday's, Superfood Features, Breakfast at Lunch, Cupcake Creations, & Free Chips Friday. Please visit us at [www.dineoncampus.com/nku](http://www.dineoncampus.com/nku) for more details.

### Get the Most Out of Campus Dining!

Pick Up a Meal Plan and/or Flex Dollars! Commuter Meal Plans are available for purchase and Flex Dollars can be added at any time to both residential & commuter plans! You can get up to \$45 Bonus Flex Dollars by loading up now! And, Flex purchases are tax free so you save an additional 6% on each Flex purchase. Flex Dollars are accepted at all on-campus dining locations and do roll from Fall to Spring semester.

More details about our meal plans, the new meal exchange option, and how they work can be found at [www.dineoncampus.com/nku](http://www.dineoncampus.com/nku)



Photo by Tim Sofranko, NKU Senior Photographer

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## REPRODUCTIVE HEALTH SERVICES AVAILABLE ON CAMPUS

BY ROBIN BADING, HEALTH, COUNSELING AND PREVENTION SERVICES

Free and confidential reproductive health services are offered to NKU students through Health, Counseling and Prevention Services.

Several times a month, during the fall and spring semesters, the Northern Kentucky Health Department provides clinics on campus which offer annual

gynecologic exams, STI testing and birth control options.

Appointments are necessary and can be made by calling HCPS at (859) 572-5650 or in person at University Center, Suite 440.

## THIRD ANNUAL FAMILY WEEKEND: OCTOBER 8-10

Family Weekend is an annual tradition on NKU's campus. Students are encouraged to invite their entire family to campus to enjoy all that NKU has to offer.



This year's event will not disappoint! Families will have a plethora of options to choose from throughout the weekend. The events listed below are some of the most popular events of the weekend.

### Haile Digital Planetarium (Saturday, October 9)

Families will marvel inside NKU's planetarium as they experience the world as they never have before.

### Student Talent Show (Friday, October 8)

This annual tradition features student talent on campus including vocal and dance performances. The likable student emcees will have the audience laughing and enjoying the show.

### Mock classes featuring this year's Book Connection selection, *This I Believe* (Saturday, October 9)

Led by Faculty members Bob Wallace and Doug Singleton, the mock class will explore the process to select the annual Book Connection selection, and author, Bob Wallace, will share his personal accounts through the process of writing a novel (The 2009 selection, *Thirteen Women Strong*.) Families will receive complimentary copies of both books for attending the class.

### Service on Saturday (Saturday, October 9)

Last year, more than 700 students and families came together to make a difference in the Northern Kentucky and Greater Cincinnati communities. Interested families will be assigned a service location where they will work with current students to serve local nonprofits in need of assistance.

### Family Fall Fest (Saturday, October 9)

The capstone event of the weekend, families will come together for food, fun and music as we conclude the formal portion of Family Weekend 2010. This event will include fall activities including pumpkin painting, fall family photos, and caramel apple dipping. Families will also have opportunities to compete in activities for a prize!

These are just a few of the events, you and your family will experience at Family Weekend. Other notable

events of the weekend include, a silent auction to benefit Family Weekend 2011, open game play in the Student Union game room, a cookie decorating contest, campus recreation open house, and corn hole competition against NKU's athletic teams.

Families will also receive discounts in Northern Kentucky and Greater Cincinnati when they present their name badge on Sunday, October 10th. A complete list of participating businesses will be provided during check-in on October 8th.

To learn more about the week or to view a complete schedule, visit <http://orientation.nku.edu/parent/familyweekend.php>. Events are added regularly, so check this website often!

All participants must register to participate in the weekend's activities, including students and young children whose participation does not require a fee. A Family Weekend name badge will be required for many of the weekend's activities and during all meals.

Registration is available online, through postal mail or in person with cash, check or money order. We are unable to accept credit card payments for Family Weekend. **The registration deadline is October 6th.** Parents Association members will receive a paper registration form in the mail in the beginning of September.

### Registration Fees:

Free = Students and children 6 years-old and younger  
 \$15/person = children 7-12 years old  
 \$25/person = parents, grandparents, and children and guests 13 years-old and older.

**Register and pay by September 17th to receive \$5.00 off per person!**

A limited number of need-based financial waivers are available and will be given on a case by case basis. If you feel you qualify, contact Hannah Centers at [centersh1@nku.edu](mailto:centersh1@nku.edu) or (859) 572-7625 for more information.

To learn more about Family Weekend, visit our website online at <http://orientation.nku.edu/parent/familyweekend.php>, e-mail [parents@nku.edu](mailto:parents@nku.edu) or call (859) 572-1967.



## THE PARENT WEBSITE HAS A NEW LOCATION

We are very excited to announce the creation of a new parent website! The new website will direct you to the previous website at <http://orientation.nku.edu/parent>. Now it is easier than ever to get updates and access all the resources we have available for parents and families.



To find the new page, visit [www.nku.edu](http://www.nku.edu) and select “Parents” from the left hand menu, or simply type [parents.nku.edu](http://parents.nku.edu) in the address bar on your web browser. The previous parent website will remain active, and you can be redirected by selecting “Parents Association” from the new page’s left side menu.

Check the parent webpage regularly for updates, for links to campus service offices on campus, or submit a question!



## WORLD CULTURE FESTIVAL

BY SCOTT LANG, FACULTY

Envision a beautiful October Saturday on NKU’s campus. Students, faculty, and community residents discover a smorgasbord of world culture. The Plaza is lined with colorful vendors’ booths offering international arts and crafts; tantalizing scents from local ethnic restaurants envelope the World Food Court, creating a “Global Taste of the Tristate.” Enjoying their food selections as they rest in the shade of the Plaza green, the crowds thrill to world music and dance performed in traditional attire on stages located in the Oakley & Eva G. Farris Amphitheater and east side of Nunn Hall. Foot traffic is steady as people admire and purchase authentic world folk art and craft items while strolling between the food court and outdoor stages.

Families are drawn to campus by the food, entertainment, children’s activities, and outreach projects of NKU departments. Guest artists, students, and faculty members present world-themed performances and presentations. Students and professors mingle in the casual festive atmosphere, gathering information for class projects.

A feast for the senses, the festival also strongly reinforces NKU’s academic mission. It is a vibrant celebration of culture and ideas previously unknown to many in attendance featuring non-stop professional performances of World Music from Africa, Asia, Latin America, and Native America, the sale of arts and crafts made in distant villages worldwide helping to

benefit those artists and their villages, a world cuisine food court presented by local ethnic restaurants, children’s activities, and more including presentations by the NKU Museum of Anthropology and the Haile Digital Planetarium.



Among the performers are Orquesta Kandela, Cincinnati’s newest Latin band and the Midwest’s only ALL-FEMALE salsa band, the multiple Nammy-winning Native American flute artist, Douglas Blue Feather, and the local world-beat fusion band, Eclipse. NKU international students will also be spotlighted as they stage a fashion show featuring the clothing of their homeland.

Frequently updated and detailed information about the festival, including the performance schedule, performers’ bios, children’s activities schedule, arts and crafts plus restaurant vendors, and sponsors, may be found at the festival website,

<http://worldfest.nku.edu>

## INTRODUCING THE PARENT ADVISORY BOARD

Over the past couple years, the Office of New Student Orientation and Parent Programs has met with involved NKU parents to discover the unique needs of our parents and to learn how to best serve each of you. From these meetings we discovered the need for a small representative body of parents that can address the concerns and give voice to the ideas of our parents.

The Parent Advisory Board will be the voice of parents at NKU, and it will be the governing body of NKU's Parents Association. Members will meet bi-annually with staff and administrators to provide input for parent programming, assist with the direction of the parent programs office, make contributions to the parent newsletter and other communication mediums, learn about new programs and services for students and parents, and provide feedback regarding new ideas for student programs and initiatives.

The Parent Advisory Board is a great way for you as a parent to get more involved with NKU. The time commitment will be minimal for parents who serve. Parents will serve terms from October until the following September, and they will be required to attend two meetings a year on campus. All other communication can be done via e-mail and telephone.

The board will be comprised of 11-17 volunteer positions. Parents and parental figures can apply as individuals or as a couple for any of the positions. President, Secretary and a few of the At-large positions have two year commitments. All other positions are for a one year commitment.

Other positions will include representatives for each grade level. There will be one representative or couple for the first four grade levels (Freshmen, sophomore, junior, senior). A multi-cultural member will represent the unique needs of the under-represented groups on campus and will work closely with the Office of African American Student Affairs, Latino Student Affairs, and International Students and Scholars. At-large members will serve a more general role, assisting as needed and providing feedback to staff and administrators.

Parent Advisory Board positions are on a volunteer basis. Interested parents can apply by filling out a [self-nomination form](#). **Self-nomination forms are due by Friday, September 17th.** Complete applications can be submitted to the Office of New Student Orientation and Parent Programs through postal mail, e-mail or electronically through our website.

Parents selected for the Parent Advisory Board will be notified the week of September 27th and must be available for meetings during Family Weekend (October 9th or 10th) and Homecoming (January 29, 2011).

To learn more about the new Parent Advisory Board, visit our website at <http://orientation.nku.edu/parent/pab.php> or e-mail [parents@nku.edu](mailto:parents@nku.edu).

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## TIP OF THE MONTH

**Discuss campus and work involvement with your student.**

- It is important for students to become engaged in their environment and to get involved with student and academic organizations. There are just as many dangers in being over involved as there are in being under involved.
- Encourage your student to limit employment hours and the number of hours invested in student organizations. Generally, students should pick one to two organizations and should limit work hours to twenty hours or less a week.
- If your student isn't involved, encourage him or her to visit the Office of Student Life or <http://nku.orgsync.com>

## Contact Us:

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